

Vital Lines

The Official Newsletter of the Washington State Council of the Emergency Nurses Association

Summer 2010

Volume 27 Issue 3

ENA Launches Lantern Award for Exemplary ED's

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Beginning in late August 2010, the Emergency Nurses Association (ENA) will begin accepting applications for the new Lantern Award. The Lantern Award is a recognition award given to emergency departments that exemplify exceptional and innovative performance in the core areas of leadership, practice, education, advocacy and research. The award is a visible symbol of an emergency department's commitment to quality, presence of a healthy work environment and accomplishment in incorporating evidence-based practice and innovation into emergency care. By achieving the Lantern Award recognition, emergency departments demonstrate to their peers that they exemplify a culture of excellence in emergency care including strong leadership, practice credibility and workplace recognition.

Lantern Award recipients

receive a physical award to display in their emergency department and recognition through ENA publications, ENA conferences, and the ENA Web site. In addition, award recipients are entitled to use the official Lantern Award logo in hospital advertising for the duration of the award period (e.g., magazine and billboard advertisements).

The Lantern Award is open to all emergency departments who complete the application process and provide the required documentation as requested in the application. The award period is two years and recipients have the option of re-applying at the end of their award period.

The Lantern Award serves as a visible symbol to the consumer that excellence is valued and that exceptional care is provided in your

emergency department.

The application form is available online. Fees associated with this award are defined in the Lantern Award Handbook and online application. Although no site visit will be required, applications will be validated by telephone.

The ENA Lantern Award application includes questions that focus on: performance and outcome metrics in your emergency department; noteworthy practices and attributes of your emergency department; characteristics of your emergency department nursing team; and facility and emergency department demographics.

For additional information about the ENA Lantern Award program, visit www.ena.org/IQSIP/LanternAward/.

(Compiled by materials at www.ena.org)

Important Dates:

- Sept 22-23—ENA General Assembly
- Sept 23-25—ENA Scientific Assembly
- Oct 13—Emergency Nurses Day
- Oct 15—Something for Everyone Conference—Renton, WA
- Oct 29—State Council Meeting—Richland, WA

WA-ENA Sends Full Slate to General Assembly

For the first time in many years, WA-ENA will send close to a full delegation to represent Washington State at the ENA General Assembly. At the 2009 General Assembly, the total number of delegates was capped at 700 with each state then receiving a percentage based on the total number of members in their respective states. In 2010, Washington state was allowed

19 delegates and 1 alternate and will be sending 17 delegates to General Assembly.

The 2010 WA-ENA delegates selected are: Denise Keith, Carla Brim, Linda Seger, Mariah Ney, Rebecca Hammons, Mary Perryman, Jeux Rinehart, Linell Jones, Karen Brostrom, Janice Taylor, Roger Casey, Tammy Pettis, Diana Meyer, Carsi

Padrnos, Janet Rothnie, Karin Kloppel, and Joanna Pattison.

Delegates are selected by a point system which takes into account state council meeting attendance and activities that support emergency nursing. The only requirement to apply as a delegate is to attend at least one state council meeting during the application period.

Health & Wellness for Emergency Nurses

By Linda Seger, RN—2010 WA-ENA President

... if we are such strong advocates for our patients; how is it we can let our own personal needs simmer on the back burner?

During my twenty plus years in nursing, I have seen nurses who take wonderful care of their patients, their children, their spouses and friends. As an advocate for their patients, there is no one more committed. As a parent or spouse, they always put their families first. Driven to do the best job possible for everyone in their lives, except for one—they. Many nurses tend to forget the work we do everyday quietly steals from our mental and physical well being. Maybe our work is a silent thief; it chips away at us unless we are as vigilant about taking care of ourselves as we are about caring for our patients.

For me and for many of the nurses in my professional circle, nursing is not just a career or a profession; it is a part of what defines us personally. So, if we are such strong advocates for our patients; how is it we can let our own personal needs simmer on the back burner? I cannot presume to have the definitive answer to that question. What I can do is tell you some of the things I have done recently to better take care of myself.

Define your priority list.

Identify the most important pieces of your life. Your family, your home, your job, yourself, etc.; which one is the top priority of the current moment. These priorities will and should change regularly.

Know your limits. None of us have superhuman strength. No one is invincible or indispensable. We have only so much time and so much energy to complete tasks or projects. Stop when you are tired and rest. Remember you have limits for your body and your mind. Get to know what they are and what triggers that overload button for you personally.

Learn how to set your boundaries. Saying NO to extra work, projects, business commitments, or even social engagements does not make you a bad person. You do not have to please everyone all the time.

Take care of your body. We teach our patients about good nutrition, proper exercise, getting enough rest, getting rid of bad habits, and how to take care of themselves as a patient. Unfortunately nurses are not always quick to

pick up and follow their own advice. We have personal requirements like sleeping, eating, exercising, resting the mind, and feeding the spirit which we often blatantly ignore. We have only one body so taking care of it should be a personal priority. “Nurse, be thine own advocate”!

Enjoy yourself once in a while. Life is short. Take a stroll with a friend or loved one. Pick up a novel, see a movie, dance, laugh, and cry if you need it. Your friends and family may not be here forever; enjoy your time with them. Get rid of those petty grudges. Swallow your pride and tell someone you are sorry if you have had an argument. It most likely does not matter how it started; people will only remember how it ended.

Love yourself. None of us are perfect. We are all a work in progress. Be your own best friend. Celebrate your accomplishments and learn from your mistakes. Sharing both with others helps you see yourself through other eyes. Give yourself permission to be who you are right now and like

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The Washington Emergency Nurses Association is a non-profit professional organization with a membership of approximately 1,037. The State Council meets 4 times a year to conduct business of the organization.

Correspondence may be sent to:

WA-ENA
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2010 Board of Directors

President	Linda Seger	lindas3440@yahoo.com
President-Elect	Jéaux Rinehart	jeauxr@hotmail.com
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A Day in the Life of ... a Wildfire Nurse

By Collin Smith, RN

For most of us, wildfire is a 70's song about a hypothermic adolescent and her pony. For Tammy Pettis RN, BSN, EMT- I, wildfire is a wall of flame roaring up a mountain slope under the sepia light of a smoke dimmed sun. While citizens are hastily gathering possessions and preparing to flee for their lives, Tammy is already at work providing medical care for the wildland firefighters battling the blaze.

As a Forest Service Incident Medical Specialist with the Central Oregon Incident Management Team, Tammy spends her summers on call from her "real" job as a Trauma Nurse Coordinator at Yakima Valley Memorial Hospital. When her team is dispatched to a wildland fire, they rapidly transform an empty field into a mini-city capable of supporting the hundreds of wildland firefighters needed to bring the fire under control.

In the rural west, the fire camp is often temporarily the area's largest population center and can easily overwhelm a healthcare system already burdened by the needs of evacuated locals. To moderate this impact, the Incident Medical Specialists are tasked with providing healthcare for the camp's support personnel and for the firefighters out on the fireline. Keeping firefighters healthy and able to work is the guiding principle of the Incident Medical Specialist Program.

Providing medical care on a burning mountain hours from a hospital can be a challenge. An avid backpacker, Tammy considers spending weeks sleeping in a tent and hiking into the burning backcountry as a working vacation from the emergency department (ED).

A typical day begins before daylight with firefighters coming to the base camp medical tent with problems ranging from an earache to an ectopic pregnancy. Working under an expanded set of treatment protocols as authorized by Dr. Jon Jui of Oregon Health Sciences University, Tammy and her fellow Incident Medical Specialists do basic physical examinations and are able to dispense OTC medications. One advantage of Tammy's years of ED experience is the ability to rapidly prioritize firefighters needing follow up care from those who can be treated and

released back to duty.

At daylight the firefighters head out to the fire and Tammy goes with them. Getting there may involve a trip by truck, boat or helicopter, but hiking into the burning forest wearing protective fire gear and carrying a medical pack is not unusual. Treating patients on the tailgate of a pickup truck or in the dirt and smoke of the fireline is all in a days work.

To work in the volatile and dangerous environment of a wildland fire, Incident Medical Specialists are required to operate as pre-hospital care providers as well as to be certified firefighters. Tammy volunteers as a firefighter and EMT-I with the West Valley Fire Department joining in 2002 under the condition that she could "drive the big red truck." She does.

Over the course of a very long day, Tammy cares for the
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Keeping firefighters healthy and able to work is the guiding principle of the Incident Medical Specialist Program.



Tammy checks a blood pressure for a hypertensive patient.

(Photo courtesy US Forest Service)

News Bites

WA-ENA Updates via E-mail CyberBYTES

Before you delete that email, please make sure that it is not the latest issue of WA-ENA CyberBYTES—the new monthly email update sent to members of the Washington State Council of ENA. It will appear in your inbox and will be from the ‘Washington State Council ENA’.

The email blasts began in April 2010 with notices about the current and upcoming events. There are plans to use this format to help keep members informed of not only state events, but regional and national events, that may be of interest to WA-ENA members.

If you have not yet received

this and would like to, please update your email address with the national ENA office. This is where all email and mailing lists are generated. If you wish to unsubscribe from this email service, send an email to washingtonstateena@gmail.com with ‘Unsubscribe’ in the subject heading.

Making History with 2010 WA-ENA Election

The Washington State Council of ENA made history in July when the annual election was formatted for WA-ENA members to vote online for the very first time. This method was chosen over the traditional mail-in ballots as a cost savings measure, and to make use of available technology and to engage more of the membership who routinely work, play and interact online.

“The online election will hopefully get a better return than the mail in ballots” stated Karin Kloppel, 2010 WA-ENA Membership chair. “We

typically had about a 10% return rate on the mail in ballots. It’s exciting to see what kind of voter turn out we will get with the online election.”

In addition to the online balloting process, all positions had more than one candidate running for each office.

“This has been a good year for our election process to see members become more involved in the state council,” stated Linda Seger, 2010 WA-ENA President.

Each year, members elect the President-Elect, Secretary and

Treasurer for the upcoming year. Voting typically runs between late June to late August/early September with results announced at the fall State Council Meeting. This year’s results will be announced in Richland on October 29.

The election was coordinated with an online voting company based in the Pacific Northwest, and so far the costs have been lower than last year’s mailings. Voter turnout will be tallied at close of the election. Your involvement is key to the success of the organization.

State Council Unveils Revamped Website

The next time you are surfing the net and want to see what’s new, check out the newly redesigned Washington State Council website at www.washingtonena.org. The new site went live in late June after the state council consulted with a professional web design company to give the web page a more modern look and appeal.

One of the factors in revising the web site was to allow for more up to date information being posted to the site by WA-ENA Board members in a more timely manner.

In addition to information, other documents will be available such as ENA membership applications, delegate

applications, conference brochures and other documents. Check it out today!



Screen shot of newly redesigned web site

“It’s exciting to see what kind of voter turn out we will get with the online election.”



Find us on Facebook at:
Washington State Council—Emergency Nurses Association

Make An Impact—Get Involved

By Karin Kloppel, RN, BSN, CCRN, CEN—Membership Vision Council Chair

Fall is once again in the air, the days are still quite warm (most of the time) with the mornings starting off just a little bit crisper. Every where you look are back to school sales, new classes to look forward to, catching up with old friends you haven't seen all summer and new routines to settle into. It's a time in some ways to rest from the flurry of summer activities and in others to gear up for the next round of school open houses, sports events, plays and musical concerts. What a hectic time to cherish! It will fly by all too fast and then you will experience "the empty nest" when the kids have left to make their own life choices and experiences and you get to reflect on the young adult you have raised and sent out to conquer their part of the world.

It is a time to reflect where you individually are and the differences you have made and will continue to make on those you influence. It is a time to ask questions about what you want to accomplish and do you have the right steps in place to achieve those goals. I have been thinking about this as I reflect on the work that is done by the members of Washington ENA.

What does it mean to be a

member of Washington ENA? I have been active with this organization for at least 9 years now. When I first started coming to meetings I heard a lot of stuff I didn't quite understand and wasn't very sure of how I fit into the scheme of things. I thought it might help to explain some of that. To be a member of the Washington State Council is simply to be an ENA member whose dues are current and you live or work in Washington State. Being part of the State Council doesn't mean you have to hold an office or participate in active committee work. Anyone can come to a meeting and should feel free to share your thoughts and ideas. Trust me, we want to hear what you have to say!

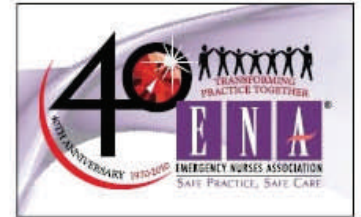
The WA-ENA Board members are nurses who are elected to an office or appointed as a Vision Council Chair. WA-ENA operates under the National ENA and we have our own By-laws and Standard Procedures that guide our work. Our goal is to empower nurses to "Safe Practice and Safe Care" by providing many educational opportunities to grow professionally, to network with others in our state and get the word out about how to overcome challenges we all

face. I strongly encourage you to attend the quarterly State Council meetings to learn more about issues we all deal with as Emergency Nurses and develop strong and fun relationships with others through out our Evergreen State. You can and do make a difference by pouring your heart into the needs of others. You make a stronger difference than you may ever realize by showing up and taking care of the many hurting people who walk or roll through those ED doors.

Your opinion is important and it matters. We definitely want to hear what you have to say. We want you to learn more about this professional organization that is set up to help you accomplish your goals and dreams. There are so many ways ENA provides tools for us to grow and become stronger and better equipped to do the jobs we are drawn to do.

WA-ENA currently has over 1000 ED nurse members. 2010 is ENA's 40th Anniversary and National's goal is to reach 40,000 members. Each state has been challenged to help achieve that goal. Washington's goal is to get a total of 1116 members by the

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... ENA provides tools for us to grow and become stronger and better equipped to do the jobs we are drawn to do.

2010 ENA ANNUAL CONFERENCE

EMBRACE

PRESENT OPPORTUNITIES & FUTURE POSSIBILITIES

LAST CHANCE TO PRE-REGISTER!

FOR MORE INFORMATION, VISIT OUR WEB SITE AT WWW.ENA.ORG

SAN ANTONIO CONVENTION CENTER • SEPTEMBER 22 – 25, 2010 • SAN ANTONIO, TX

Education Vision Council Update

By Carsi Padrnos, RN, CEN— Education Vision Council Chair

2011 Education Assistance Program.

Fall is here according to both the weather and the calendar and so it is back to school time. My kids can hardly wait and I must admit, neither can I. The grade book has barely been closed on my summer quarter coursework and yet I already look back on it with wonder and awe at all that I learned and how much better nurse I have become. Soon it will be time again for nurses and students across the state to put in late nights at the computer and write tuition checks. While continuing education is both rewarding and invaluable to nurses, it is expensive.

Our Education Assistance Program is one of the best aspects of ENA in Washington State. Thanks to our membership for generous donations and fundraising, last year we were able to help dedicated students pursue their educational goals with \$1000 education assistance grants for two ENA members and one student nurse. This year we are thrilled to be able to do the same. We will be accepting applications for assistance from January 1st, 2011 to April 1st. Please watch our website for details and application forms.

Funding for our scholarships is collected at all WA-ENA functions where attendees can feed the piggy bank. Members attending the national convention in San Antonio will be selling raffle tickets for fabulous donated prizes and selling Washington State ENA souvenir lapel pins. Look for our booth in the vendor hall.

2010 ENA Annual Conference in San Antonio September 21-25

The networking and educational opportunities at the annual conference are unending and amazing. This year promises to be the best yet. It isn't too late to join emergency nurses from across the country. Registration is available at the door. Please visit www.ena.org for details.

Something for Everyone State Conference

Make your plans now to attend our state education conference will be October 15th at Valley Medical Center in Renton. What better way to celebrate Emergency Nurses Week than to attend this conference with other ED nurses from across the state. You can spend the day with national conference quality speakers right here in Washington but in a smaller, more intimate venue. The fabulous lineup of speakers

includes Jean Proehl, Jeff Solheim, Roger Casey and Dr Reg Dueling. Topics include Nursing in the Third Millennium, End of Life Care in the ED, Emergency Nursing Pearls, "Jungle Nursing", new advances in medicine and Florence Nightingale. Truly, there will be something for everyone. See you there!

TNCC/ENPC

Washington State can be proud. We have consistently received high marks for our TNCC and ENPC programs and more of the same. Our programs contribute to the core educational program for most emergency departments across the state. In order to provide the very best courses, we are in the process of redesigning our state instructor faculty to provide oversight for course quality, mentorship and support for new instructors and directors, and a state wide course directory for course directors.

For courses in your local area, check either the state or national ENA websites—www.ena.org or www.washingtonena.org.

Certification Corner

Congratulations to everyone that has recently received certification!

The networking and educational opportunities at the annual conference are unending and amazing.

For details of educational offerings through the Washington State Council and to download registration forms or an application for the WA-ENA Educational Assistance Program, please go to the state council web site:

www.washingtonena.org

WA-ENA Members Win Awards

By Roger Casey, RN, BSN, CEN—Communications Vision Council Chair

On March 18, 2010, Anna Mae Ericksen, RN was inducted into the Washington State Nurses Association’s (WSNA) Hall of Fame. The 1999 ENA Hall of Famer and 1975-1976 ENA President was honored at the 2010 WSNA Hall of Fame banquet in Seattle to celebrate her accomplishments in nursing within Washington State. Some highlights of her career include establishing a poison center in the late 1950’s and the Mr Yuk Program in 1975 in Spokane, WA. She held various positions within ENA in the 1970’s and founded the Rural Nurse Association in 1989. During her tenure with ENA she was invited by then President Gerald Ford to speak at the White House regarding Emergency Medical Services. WA-ENA has an annual award named in her honor that is awarded

to an emergency nurse who consistently exemplifies professional behavior and commitment to professional values and is active within the profession of emergency nursing.

Suzanne Beck, RN received the North Central Washington’s Nurse of the Year award in the Advancing and Leading the Profession category. She was nominated by her fellow coworkers from Central Washington Hospital. In a recent interview, Beck stated, “It was truly an honor to be nominated. Winning means so much because I was nominated by friends that I have worked with, which just made it so special.” She is a

flight nurse with Northwest MedStar.

The Mountain West Nurse Week Excellence for Advancing and Leading the Profession was awarded to Carla Brim, RN of Longview, WA. Brim has worked to implement a Sexual Assault Nurse Examiner program and has developed a facility-wide STEMI protocol. She also won an award in February from ENA for her efforts in recruiting several new members to ENA. She is a Clinical Nurse Specialist at St. John Medical Center in Longview, WA

Congratulations to all award winners.

Compiled by various news sources



Anna Mae Ericksen, RN
ENA President 1975-76



Suzy Beck, RN
Photo courtesy NW MedStar

New Features Coming to Vital Lines

By Roger Casey, RN, BSN, CEN—Communications Vision Council Chair

If you have enjoyed some of the new features in Vital Lines such as ‘A Day in the Life...’ stay tuned for more new features. Beginning with the Winter 2011 issue, two new features will debut highlighting emergency departments within the state and individual members of the Washington State Council of ENA (WA-ENA).

Featured Department

The **Featured Department** will highlight an emergency department within the state of Washington looking at the creativity, innovation,

staff and other aspects of that department which make it unique or great to work in. It will list the usual statistics, i.e. volume, trauma designation, number of staff, CEN’s etc. The innovations will also be mentioned so that as a department you can help get the word out on what works well so we can all celebrate your successes.

Featured Member

The **Featured Member** will highlight an individual nurse

who is an active member of WA-ENA. This will be a short bio of the nurse, their passions about emergency nursing and other aspects of their career. This is an effort to get to know members of WA-ENA.

If you would like to have your department featured or know of a nurse you would like to know more about, send an email with your contact information and the name and contact information of the department or nurse to roger.casey@kadlecmed.org.



Carla Brim, RN
Photo courtesy Carla Brim

Wildfire Nursing ...

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blisters, burns, dehydration, and orthopedic injuries common to working in the extreme conditions of a wildfire. If a firefighter is severely injured, she stabilizes the patient and facilitates evacuation to an area burn or trauma center. This can mean caring for a patient on the floor of a Forest Service transport helicopter or maintaining an airway as a litter is carried through the woods to the nearest trailhead. Adaptability and the ability to improvise is a key asset to this kind of work and her nursing experience is a great help.

After returning to base camp at sunset, Tammy and her comrades in the medical unit also see patients with health problems arising from basic sanitary facilities in a crowded fire camp. Upper respiratory infections, diarrhea and other communicable diseases can run thru a camp like, well, wildfire, severely impacting the overall fire fighting effort. MRSA, campylobacter and even necrotizing fasciitis have been identified in fire camp in recent years and working with local public health officials to track and implement an infection control plan comes with the job. When definitive care is hours away, having the skill and experience to know when to send someone to town for further treatment is a critical and sometimes lifesaving skill.

Not all visits to the medical tent are for illness or physical injuries. For a rookie firefighter

away from home for the first time and overwhelmed by the hard work of wildland firefighting, sometimes a kind face and quiet reassurance may be all the treatment that is needed.

Medical emergencies in a camp containing hundreds to thousands of people are not uncommon. Tammy has a particular “save” she is proud of. Before dawn a crew boss came to the medical tent and told Tammy that he had a firefighter that would “not wake up right.” Tammy called for another Medic to bring a vehicle. Grabbing her medical pack she hiked a quarter mile to find a confused, combative young firefighter still in his tent surrounded by anxious crewmates. Quickly determining that the young man was a newly diagnosed diabetic with a blood glucose in the 20’s she administered IV Dextrose to good effect.

After getting the young man back to the medical tent, feeding him breakfast and monitoring him. Tammy reinforced his patient teaching about the need for closer monitoring of blood glucose and increased food intake when working harder. When you are hours from the closest emergency department, experienced people mean all.

Tammy is proud of the care that she and her fellow Incident Medical Specialists provide to the brave men and women who put their lives on the line to protect our homes and our forests. The next time you see a group of people dressed in the yellow and green of the wildland firefighter, take the time to thank them for what they do. It means a lot to them. Oh, and look for the nurse with the red hair and the ready smile. She will be nearby.

Medical emergencies in a camp containing hundreds to thousands of people are not uncommon.



Tammy assists an injured wildland firefighter after a helicopter rescue.

(Photo Courtesy of US Forest Service)

President’s Message

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yourself in that place.

I have been learning how to take better care of myself recently. The thing that amazes

me the most in this process, I feel better about who I am and where I am going with my life. I feel physically and emotionally better today than I have in many years because I have taken some of these steps and put them to work in my life. It helped me

feel like a better friend, a better spouse, and a better nurse. Hope all of you taking good care of yourselves every day. Oh and by the way.....take some time to smell the roses while they are still in bloom!

Membership news ...

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end of 2010. We only have 79 more members to get signed up! That is a very achievable goal. ENA is giving out various recruitment prizes every month; from Annual Conference Registration, i-Pods, one-year complementary ENA membership to CEN exam registrations. Your name goes into a drawing for each new member you sponsor. Membership applications can be printed from the national website www.ENA.org or the state website www.washingtonena.org or picked up from a State Council Meeting. A one year membership is only \$96 and members get discounts on many ENA sponsored educational offerings such as TNCC; ENPC; CEN;

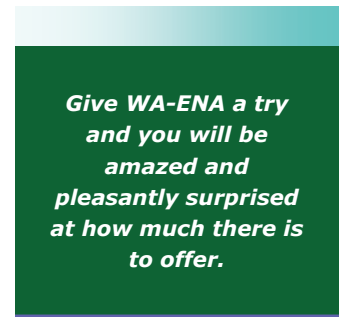
WA-ENA educational events; the Journal of Emergency Nursing (JEN) the bi-monthly journal for ENA; ENA Connections—the official magazine of the ENA; and many other discounts on products and services offered through ENA. It really is a sweet deal!

Purchasing a membership for someone is a great gift idea - easy to do, no shopping or wrapping to take care of and it keeps on giving all year round! Talk with your managers and physician groups to maybe sponsor a few membership giveaways as drawings during Emergency Nurses Week which is coming right around the corner in October. That would be a great way to honor some very hardworking colleagues in

your departments!

So I've asked a few questions and made several suggestions. Hopefully I've got you to start thinking about how you are already making a difference and about whether you have the steps in place to accomplish some personal professional goals.

Give WA-ENA a try and you will be amazed and pleasantly surprised at how much there is to offer. Yes, I have achieved the empty nest season of life. It is opening a whole new season of opportunities to reflect on and explore. Come join us in exploring what ENA has to offer. Fall is beautiful in Eastern Washington. I look forward to meeting you in Richland October 27th.



2010 Vision Council Chairs

Education	Carsi Padrnos	carsi9@comcast.net
Government Affairs	George Baxter	nursegeorge@earthlink.net
Injury Prevention	Gwen Parrick	parrig@whidbeygen.org
Membership/Recruitment	Karin Kloppel	Kloppel@netzero.net
Communication	Roger Casey	roger.casey@kadlecmed.org

Update your Address

If you have moved or are in the process of moving, please update your address and contact information at the national ENA website (www.ena.org). All mailing and email lists that are used by the Washington State Council are generated through the national ENA database which may have a two month lag time before the correction occurs at the state level. Your attention to this is greatly appreciated.

CEN's & CPEN's—New and Renewed 2nd Quarter 2010

Below is a list of nurses who either renewed their CEN status, or became new CEN or CPEN nurses in the period between January 1, 2010 and March 31, 2010! Congratulations on your success!

<u>CPEN</u>	Elna Benoit	Celeste Henson-Stein	Wendelin Rockwell
Meagan Brannock	Ronald Bond	Sharla Hixson	Carol Rogers
Celeste Etherington	Gary Broadway	Mary Jaquish	Brian Rogge
Sunny Hwang-Oras	Jeremy Clausen	Elisha Jensen	Kate Rossman
Laurel E Laux	Carrie Codd	Emily Jones	Debra Seguin
Allyson W Lohrmann	Ladonna Cozine	Laurie Lee	Christine Sexauer
Nanci Lupinski	Linda Culp	Julie Lomen	Sharon Smeltzer
Justin A Soulier	William Czaban	James Lomen	Sharon Southwick
Nicole Trimble	Deirdre Demel	Trevor Lugers	Margaret St Clair
Antonija F Womeldorf	Eva Dewig	Kayleen Mabry	Erin Stoy
<u>CEN</u>	Jodi Dooyema	Gram McGregor	Roberta Thorn
Gema Aguilar	Jennifer Eichwald	Kristen Mosby	Cheryl Trapp
Deanna Allen	Cheryl Einerson	Stephanie Newton	Tanya Umbach-Rodenburg
Cindy Jo Allen	Gordon Fields	Tara Oar	Joanna Urrego
Rebecca Avalon	Rhonda Fuwell	Lesley Paslean	Toni Waller
Karissa Ball	Catherine Gay	Erica Peterson	Paul Whaley
Kristen Bartlett	Shanta Gervickas	Becky Ribelin	Dale Wilson
David Baure	Sarah Grady	Gail Ritterhouse	Heather Zagar
	Denise Haun-Taylor	Patricia Rivera	Matthew Zimmerman

Check out the newly redesigned BCEN Website at: <http://www.ena.org/bcen/Pages/default.aspx>
Learn how you can become certified with one of four certifications related to Emergency Nursing!

Don't miss a single issue of Vital Lines!

Send all change of address forms to the national office at:

915 Lee Street

Des Plaines, IL 60016-6569

Or on the web at:

www.ena.org

Address labels, mailing and email lists are generated from membership information on file at the national office!

Advertise in Vital Lines

Would you like to reach approximately 1,200 emergency nurses within the state of Washington? Why not advertise in Vital Lines—the official newsletter of the Washington State Council of the Emergency Nurses Association. The newsletter is mailed quarterly to approximately 1,200 registered nurses within the state of Washington.

Advertising space is available in quarter-page (4"Hx5"W), half-page (7"Wx5"H) and full page (8"Wx10"H) ads. To advertise in Vital Lines contact Roger Casey at waena.newsletter.editor@gmail.com for a list of current ad rates.

Educational Events

Courses with an * denote faculty instructors teaching at these courses.

Trauma Nursing Core Course (TNCC)

September 23 & 24—Wenatchee, WA

Contact: Jan Fahl—509-664-3475

September 29 & 30—Spokane, WA (Holy Family Hospital)

Contact: Kimberly Fitzgerald— 509-482-2195 or kimberly.fitzgerald@providence.org

October 13 & 14—Olympia, WA

Contact: Michelle J Werrett—360-584-5574 or werrett@hotmail.com

October 19—1-Day Reverification Course—Richland (Kadlec Regional Medical Center)

Contact: Education Dept.—<http://education.kadlec.org/registration/>

November 9 & 10—Richland, WA (Kadlec Regional Medical Center)*

Contact: Education Dept.—<http://education.kadlec.org/registration/>

Emergency Nursing Pediatric Conference (ENPC)

*October 2 & 3—Seattle, WA**

Contact: Natalie J Meacham—206-999-1629

November 4 & 5—Ellensburg, WA (Kittitas Valley Community Hospital)*

Contact: Jeannette F Simonton—jsimonton@kvch.com

November 4 & 5—Spokane, WA (Holy Family Hospital)

Contact: Education Services—509-482-2195

November 11 & 12—Wenatchee

Contact: Jan Fahl—509-664-3475

December 9—1-Day Reverification Course—Richland, WA (Kadlec Regional Medical Center)

Contact: Education Dept.—<http://education.kadlec.org/registration/>

*December 11 & 12—Renton, WA**

Contact: Kathleen L Emde—emdeinc@gmail.com

Find other courses not listed here at <http://www.ena.org/statecouncils/States/Pages/WA-TNCC.aspx>

Upcoming WA-ENA Meetings & Education

DATE	MEETING	TIME	LOCATION
Oct. 15, 2010	Something for Everyone	8:00 AM	Valley Hospital, Renton
Oct 28, 2010	WA-ENA Board Meeting	6:00 PM	Tagaris Taverna, Richland, WA
Oct. 29, 2010	State Council Meeting	8:00 AM	Kadlec Regional Medical Center—Richland

Check the Web Site (www.washingtonena.org) for more up-to-date info on meeting locations.



EMERGENCY NURSES ASSOCIATION

Washington State Council

PO Box 5639
West Richland, WA 99353



Find us on the web at

www.washingtonena.org

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Washington State Council -
Emergency Nurses Association

Something For Everyone

A One-Day Emergency Nursing Conference



Friday, October 15, 2010

8:00 AM - 5:00 PM

Valley Medical Center

400 South 43rd Street

Renton, WA

Registration forms available at: www.washingtonena.org